



500 Smoothies & Juices (500 Series Cookbooks)

By Christine Watson

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This smoothie and juice compendium is packed with 500 refreshing recipes, all of them clear and easy to follow. Filled with tips on how to select the right ingredients for your smoothies and juices and then how to make them taste absolutely perfect, this is the only book of smoothies and juices you will ever need.

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Editorial Review

About the Author

Christine Watson trained at the internationally renowned Leiths School of Food and Wine in London. She writes extensively about food and tests recipes for magazines, newspapers, and books, and is a food stylist for commercials, television programs, and the occasional film.

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