



The Essential Smart Football

By Chris B. Brown

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The Essential Smart Football is an examination of football's most important strategies and ideas, through the lens of the game's best coaches, players, and schemes. Brilliantly written and eschewing unnecessary jargon and technicality, it makes a major contribution to our understanding of football to help all of us -- coaches, players, and fans -- appreciate the game we love all the more.

The Essential Smart Football features analysis of football's top strategists and their schemes, including:

- Urban Meyer's spread offense
- Tom Brady's no-huddle attack
- Bill Belichick's hybrid defense
- Mike Leach's pass-happy "Air Raid" offense
- The most popular scheme for running the ball in the NFL
- Nick Saban's school of defense

The book also includes explorations of modern approaches to the West Coast Offense, evolutions in defensive fronts and coverages, the changing role of the running game in spread and pro-style offenses, and much more.

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-- Gregg Rosenthal

"[Chris Brown] has put together a book that you need to buy if you're a football fan with a pulse."

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"Accessibly erudite".

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"If you're a football geek, this is a mandatory purchase."

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"Advanced stats are great, but they mean a lot more when you understand where the players are moving on the field and why. Nobody has taught me more about where the players are moving on the field and why than Chris Brown."

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"I'm a better coach after reading this book. A must have in every coach's library!"

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(12x Oklahoma State champions)

"Must-have new book for any football fan."

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The Essential Smart Football By Chris B. Brown Bibliography

- Sales Rank: #200332 in eBooks
- Published on: 2012-05-23
- Released on: 2012-05-23
- Format: Kindle eBook

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Editorial Review

About the Author

Chris B. Brown writes and edits Smartfootball.com and is a featured contributor to Grantland/ESPN. He has also contributed to The New York Times, Yahoo! Sports, and Slate. He lives in New York City.

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