



# The Science of Hitting

By Ted Williams, John Underwood

Download now

Read Online →

## The Science of Hitting By Ted Williams, John Underwood

Now fully revised with new illustrations and diagrams, the classic—and still the greatest—book on hitting from the last baseball player to break the magic .400 barrier, Ted Williams.

Ted Williams was arguably the greatest pure hitter who ever lived. A lifelong student of hitting, he sought advice from every great hitter—and pitcher—he met. Drawing on that advice, as well as his own legendary life in baseball, Williams produced the all-time batting classic, *The Science of Hitting*. Using its detailed illustrations, anecdotes, and concise coaching, players of all skill levels will learn how to improve their fundamentals and gain keen insights into the finer points of hitting, including:

- How to Think Like a Pitcher and Guess the Pitch
- The Three Cardinal Rules for Developing a Smooth Line-Driving Swing
- The Secrets of Hip and Wrist Action
- Pitch Selection
- Bunting
- Hitting the Opposite Way

*The Science of Hitting* is a must-read for all baseball players looking to improve their turn at bat and for all coaches and parents teaching the sport.

↓ [Download The Science of Hitting ...pdf](#)

📖 [Read Online The Science of Hitting ...pdf](#)

# The Science of Hitting

By Ted Williams, John Underwood

## The Science of Hitting By Ted Williams, John Underwood

Now fully revised with new illustrations and diagrams, the classic—and still the greatest—book on hitting from the last baseball player to break the magic .400 barrier, Ted Williams.

Ted Williams was arguably the greatest pure hitter who ever lived. A lifelong student of hitting, he sought advice from every great hitter—and pitcher—he met. Drawing on that advice, as well as his own legendary life in baseball, Williams produced the all-time batting classic, *The Science of Hitting*. Using its detailed illustrations, anecdotes, and concise coaching, players of all skill levels will learn how to improve their fundamentals and gain keen insights into the finer points of hitting, including:

- How to Think Like a Pitcher and Guess the Pitch
- The Three Cardinal Rules for Developing a Smooth Line-Driving Swing
- The Secrets of Hip and Wrist Action
- Pitch Selection
- Bunting
- Hitting the Opposite Way

*The Science of Hitting* is a must-read for all baseball players looking to improve their turn at bat and for all coaches and parents teaching the sport.

## The Science of Hitting By Ted Williams, John Underwood Bibliography

- Sales Rank: #1588 in Books
- Brand: Williams, Ted/ Underwood, John
- Published on: 1986-04-29
- Released on: 1986-04-29
- Original language: English
- Number of items: 1
- Dimensions: 9.13" h x .30" w x 7.37" l, .76 pounds
- Binding: Paperback
- 96 pages

 [Download The Science of Hitting ...pdf](#)

 [Read Online The Science of Hitting ...pdf](#)

## Editorial Review

### Amazon.com Review

As a boy, all Ted Williams wanted was to be the best hitter there ever was. Through his storied tenure with the Red Sox, he pretty much got his wish. He not only hit, he *knew* how to hit; there was no keener, more devoted, more articulate student of the art. *The Science of Hitting* is his comprehensive book of wisdom and anecdote, a baseball bible that offers clear, concise, well-illustrated, fundamental information on how to hit a baseball and, just as important, how to *think* about hitting a baseball. Williams's first commandment is "Get a good pitch to hit," and, in one of baseball's most dramatic teaching tools--a photograph that divides his strike zone into 77 baseballs, seven wide by 11 high--Williams projects what he would hit at each pitch location, from .230 on the low-outside strike to .400 in what he called his "happy zone," the heart of the plate belt high. In 1941, that happy zone was obviously ecstatic; Williams hit .406 that year, the last to break the magic .400 barrier.

### Review

Wade Boggs American League batting champion A major influence on my basic hitting skills through my formative years and a must for learning and knowing the strike zone.

### About the Author

**Ted Williams** won the American League batting championship six times and was given a place in the Baseball Hall of Fame in 1966. He was the last man to bat .400 in major league baseball and has been considered America's leading sports fisherman. With John Underwood, he coauthored *Fishing "The Big Three"* and his autobiography, *My Turn at Bat*.

## Users Review

### From reader reviews:

#### Susie Vadnais:

The book *The Science of Hitting* gives you the sense of being enjoy for your spare time. You should use to make your capable a lot more increase. Book can for being your best friend when you getting pressure or having big problem along with your subject. If you can make looking at a book *The Science of Hitting* for being your habit, you can get much more advantages, like add your current capable, increase your knowledge about some or all subjects. You can know everything if you like start and read a reserve *The Science of Hitting*. Kinds of book are several. It means that, science publication or encyclopedia or some others. So , how do you think about this reserve?

#### Patricia Stewart:

This *The Science of Hitting* book is not really ordinary book, you have it then the world is in your hands. The benefit you get by reading this book will be information inside this e-book incredible fresh, you will get information which is getting deeper you read a lot of information you will get. That *The Science of Hitting* without we know teach the one who examining it become critical in considering and analyzing. Don't end up being worry *The Science of Hitting* can bring whenever you are and not make your tote space or bookshelves' come to be full because you can have it with your lovely laptop even telephone. This *The*

Science of Hitting having great arrangement in word and layout, so you will not sense uninterested in reading.

**Kenneth Allen:**

As people who live in typically the modest era should be revise about what going on or data even knowledge to make them keep up with the era that is certainly always change and make progress. Some of you maybe will update themselves by looking at books. It is a good choice for yourself but the problems coming to a person is you don't know what one you should start with. This The Science of Hitting is our recommendation to make you keep up with the world. Why, because this book serves what you want and wish in this era.

**Gail Tate:**

Nowadays reading books become more than want or need but also work as a life style. This reading routine give you lot of advantages. The huge benefits you got of course the knowledge the rest of the information inside the book that improve your knowledge and information. The data you get based on what kind of book you read, if you want send more knowledge just go with education books but if you want feel happy read one together with theme for entertaining including comic or novel. The actual The Science of Hitting is kind of publication which is giving the reader unforeseen experience.

**Download and Read Online The Science of Hitting By Ted Williams, John Underwood #NJH2YR5DXWZ**

## **Read The Science of Hitting By Ted Williams, John Underwood for online ebook**

The Science of Hitting By Ted Williams, John Underwood Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Science of Hitting By Ted Williams, John Underwood books to read online.

### **Online The Science of Hitting By Ted Williams, John Underwood ebook PDF download**

**The Science of Hitting By Ted Williams, John Underwood Doc**

**The Science of Hitting By Ted Williams, John Underwood Mobipocket**

**The Science of Hitting By Ted Williams, John Underwood EPub**