



Unbreak My Heart: A Memoir

By Toni Braxton

Download now

Read Online 

Unbreak My Heart: A Memoir By Toni Braxton

In this heartfelt memoir, six-time Grammy Award-winning artist and star of WE TV's reality hit *Braxton Family Values*, Toni Braxton writes about her personal life decisions and their impact on her health, family and career.

While Braxton appears to be living a gilded life—selling 60 million records, appearing in sold-out Las Vegas performances and hit shows like *Dancing with the Stars*, and starring in her own reality series—hers is in fact a tumultuous story, a tale of triumph over a life filled with obstacles, including two bankruptcy filings. The mother of an autistic child, Braxton long feared that her son's condition might be karmic retribution for earlier life choices, some of which will shock fans. But when heart ailments began plaguing her at the age of 41 and she was diagnosed with Lupus, Braxton knew she had to move beyond the self-recrimination and take charge of her own healing. Intensely honest and deeply inspirational, *Unbreak My Heart* is the never-before-told story of the measures Braxton took to make herself and her family whole again.

 [Download Unbreak My Heart: A Memoir ...pdf](#)

 [Read Online Unbreak My Heart: A Memoir ...pdf](#)

Unbreak My Heart: A Memoir

By Toni Braxton

Unbreak My Heart: A Memoir By Toni Braxton

In this heartfelt memoir, six-time Grammy Award-winning artist and star of WE TV's reality hit *Braxton Family Values*, Toni Braxton writes about her personal life decisions and their impact on her health, family and career.

While Braxton appears to be living a gilded life—selling 60 million records, appearing in sold-out Las Vegas performances and hit shows like *Dancing with the Stars*, and starring in her own reality series—hers is in fact a tumultuous story, a tale of triumph over a life filled with obstacles, including two bankruptcy filings. The mother of an autistic child, Braxton long feared that her son's condition might be karmic retribution for earlier life choices, some of which will shock fans. But when heart ailments began plaguing her at the age of 41 and she was diagnosed with Lupus, Braxton knew she had to move beyond the self-recrimination and take charge of her own healing. Intensely honest and deeply inspirational, *Unbreak My Heart* is the never-before-told story of the measures Braxton took to make herself and her family whole again.

Unbreak My Heart: A Memoir By Toni Braxton Bibliography

- Sales Rank: #385130 in Books
- Brand: Braxton, Toni
- Published on: 2015-04-21
- Released on: 2015-04-21
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .68" w x 5.31" l, .0 pounds
- Binding: Paperback
- 272 pages

 [Download Unbreak My Heart: A Memoir ...pdf](#)

 [Read Online Unbreak My Heart: A Memoir ...pdf](#)

Download and Read Free Online Unbreak My Heart: A Memoir By Toni Braxton

Editorial Review

From [Booklist](#)

Braxton's *Unbreak My Heart* might be her best-selling single and the title of her memoir, yet the instructive phrase she uses most comes from another hit single, *Breathe Again*. She sure has needed to come up for air, often. Braxton recounts her struggles candidly. Choosing her solo music career over her sisters early on, filing for bankruptcy twice, a divorce, her youngest son's autism, and her own lupus diagnosis are all laid bare. Sometimes the tone of her exposition is a tad too sunny, especially while recounting the realization that her father was bringing his girlfriends to her show, the beginning of the end of her parents' 35-year marriage. It's the reflective, positive tone, however, that makes this tell-all intensely readable. Braxton name-drops in a way that brings the late 1990s R&B scene roaring back. Her first-name-basis friends include Kenny Babyface Edmonds, L. A. Reid, and Clive Davis. For fans who loved her in her heyday or recently found her on her reality show, *Braxton Family Values*, this is a must-read. --Courtney Jones

Review

Braxton recounts her struggles candidly... It's the reflective, positive tone that makes this tell-all intensely readable. For fans who loved her in her heyday or recently found her on her reality show, *Braxton Family Values*, this is a must-read. (Booklist)

From the Back Cover

While Toni Braxton may appear to be living a charmed life, hers is in fact a tumultuous story: a tale of personal triumph after a public unraveling. In her heartfelt memoir, the six-time Grammy Award-winning singer and star of WE tv's hit reality series *Braxton Family Values* is unapologetically honest in revealing the intimate details of her journey.

Toni talks about the intense guilt she once felt when she accepted a recording deal that excluded her sisters—a decision that would haunt her for years, tainting her chart-topping success. She speaks honestly about losing everything—twice—and having to pick up the pieces alone.

Always the consummate professional, Toni rebuilt her life only to suffer more heartache. The mother of an autistic child, Toni had long feared that her son's condition might be karmic retribution for some of the life choices that left her filled with remorse. Later, when heart ailments began plaguing her at the age of forty-one and she was diagnosed with lupus, Toni knew she had to move beyond the self-recrimination and take charge of her own healing—physically and spiritually.

Unbreak My Heart is more than the story of Toni's difficult past and glittering success: it is a story of hope, of healing, and, ultimately, of redemption.

Users Review

From reader reviews:

Jackson Ponce:

Have you spare time for just a day? What do you do when you have a lot more or little spare time? That's why, you can choose the suitable activity for spend your time. Any person spent their own spare time to take

a go walking, shopping, or went to often the Mall. How about open or perhaps read a book titled Unbreak My Heart: A Memoir? Maybe it is for being best activity for you. You already know beside you can spend your time with your favorite's book, you can cleverer than before. Do you agree with its opinion or you have additional opinion?

Christopher Morton:

Do you one of people who can't read pleasant if the sentence chained in the straightway, hold on guys this specific aren't like that. This Unbreak My Heart: A Memoir book is readable by simply you who hate the perfect word style. You will find the info here are arrange for enjoyable examining experience without leaving possibly decrease the knowledge that want to offer to you. The writer regarding Unbreak My Heart: A Memoir content conveys the idea easily to understand by a lot of people. The printed and e-book are not different in the content material but it just different such as it. So , do you continue to thinking Unbreak My Heart: A Memoir is not loveable to be your top record reading book?

Roger Lee:

Don't be worry if you are afraid that this book will probably filled the space in your house, you can have it in e-book method, more simple and reachable. This particular Unbreak My Heart: A Memoir can give you a lot of good friends because by you checking out this one book you have issue that they don't and make a person more like an interesting person. That book can be one of a step for you to get success. This guide offer you information that maybe your friend doesn't understand, by knowing more than additional make you to be great men and women. So , why hesitate? We need to have Unbreak My Heart: A Memoir.

Eugene Williams:

As we know that book is vital thing to add our knowledge for everything. By a book we can know everything we would like. A book is a list of written, printed, illustrated or blank sheet. Every year was exactly added. This guide Unbreak My Heart: A Memoir was filled about science. Spend your spare time to add your knowledge about your science competence. Some people has diverse feel when they reading some sort of book. If you know how big benefit from a book, you can feel enjoy to read a e-book. In the modern era like now, many ways to get book that you just wanted.

Download and Read Online Unbreak My Heart: A Memoir By Toni Braxton #069QNMT7LP2

Read Unbreak My Heart: A Memoir By Toni Braxton for online ebook

Unbreak My Heart: A Memoir By Toni Braxton Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Unbreak My Heart: A Memoir By Toni Braxton books to read online.

Online Unbreak My Heart: A Memoir By Toni Braxton ebook PDF download

Unbreak My Heart: A Memoir By Toni Braxton Doc

Unbreak My Heart: A Memoir By Toni Braxton Mobipocket

Unbreak My Heart: A Memoir By Toni Braxton EPub