



## Kids Are Worth It! : Giving Your Child The Gift Of Inner Discipline

By Barbara Coloroso

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**Kids Are Worth It! : Giving Your Child The Gift Of Inner Discipline** By Barbara Coloroso

**The parenting classic, now revised with new chapters, checklists, and information about today's most pressing issues regarding our children**

This bestselling guide rejects "quick-fix" solutions and focuses on helping kids develop their own self-discipline by owning up to their mistakes, thinking through solutions, and correcting their misdeeds while leaving their dignity intact. Barbara Coloroso shows these principles in action through dozens of examples -- from sibling rivalry to teenage rebellion; from common misbehaviors to substance abuse and antisocial behavior. She also explains how to parent strong-willed children, effective alternatives to time-outs, bribes, and threats, and how to help kids resolve disputes and serious injustices such as bullying.

Filled with practical suggestions for handling the ordinary and extraordinary tribulations of growing up, *kids are worth it!* helps you help your children grow into responsible, resilient, resourceful adults -- not because you tell them to, but because they want to.

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### **Editorial Review**

From Publishers Weekly

Coloroso urges parents to teach children to take responsibility for their actions.

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From [Booklist](#)

Coloroso says that there are three types of parents--Jellyfish, Brickwall, and Backbone. The first two muck it up royally by being too wishy-washy or too firm. The parent with a backbone, however, can be stern when necessary and provide structure yet have the flexibility that children and families need. Coloroso applies these models to a variety of parenting situations, from toilet training to curfew setting. Like the *Cosby* show, it looks and sounds so easy when the script is already written, but there are plenty of good ideas here for keeping parents' sanity intact. Portions of the book are taken directly from the author's excellent video *Winning at Parenting* as well as from her popular lecture series. *Denise Perry Donavin*

About the Author

Barbara Coloroso is the author of the international bestseller *Kids Are Worth It!* and *Parenting Through Crisis* and is an acclaimed speaker on parenting, teaching, conflict, resolution, and grieving. Featured in *Time*, the *New York Times*, and on many radio and television shows, she lives with her husband in Littleton, Colorado.

### **Users Review**

**From reader reviews:**

**Cathy Spearman:**

Have you spare time for the day? What do you do when you have much more or little spare time? Yeah, you can choose the suitable activity with regard to spend your time. Any person spent all their spare time to take a stroll, shopping, or went to typically the Mall. How about open or maybe read a book eligible Kids Are Worth It! : Giving Your Child The Gift Of Inner Discipline? Maybe it is being best activity for you. You know beside you can spend your time with your favorite's book, you can cleverer than before. Do you agree with the opinion or you have various other opinion?

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