



Relationship Counselling for Children, Young People and Families

By Kathryn Geldard, David Geldard

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This book is a practical skills-based introduction to relationship counseling. It covers couple counseling for parents, whole family counseling, and counseling for children and young people with regard to their relationships with siblings, peers, and parents. Kathryn and David Geldard present an integrative model of relationship counseling which combines skills and strategies from a number of approaches. Their practical guide integrates individual and subgroup counseling with whole family counseling, providing much-needed material on methods and approaches for communicating with children and young people.

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Editorial Review

About the Author

KATHRYN GELDARD, PhD, is a lecturer and counsellor supervisor in the School of Psychology and Counselling at the Queensland University of Technology (QUT) in Brisbane, Australia. Her research interests include adolescent peer counselling and counselling effectiveness as perceived by the adolescent client in the QUT Psychology and Counselling Clinic.

Kathryn is currently conducting research with Australian Aboriginal adolescents with regard to developing a culturally sensitive peer support program in a regional community. She is the author of a number of textbooks on counselling and has several years experience in supervising and training counsellors.

David Geldard has an international reputation as a counselling psychologist and for his work in counselling children and their families.

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