



Energy Medicine: The Scientific Basis

By James L. Oschman

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This book, written by a well-known scientist with a background in biophysics and biology brings together evidence from a range of disciplines to provide an acceptable explanation for the energetic exchanges that take place in all therapies. It addresses a growing interest in the field of mind-body medicine and the role of natural "energy forces" within the body in maintaining normal health and wellbeing. This in turn has lead to interest in how these energies or forces may be channelled to assist in healing and the restoration of normal health.

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Editorial Review

From the Publisher

Energy Medicine provides an exciting and challenging read for anyone who may be interested in or curious about the therapeutic aspects of energy. It provides a stimulus to discussion among both the sceptics and those who are already convinced of the healing potential of body energy.

About the Author

James L Oschman, PhD, Previously Postdoctoral Fellow, Neurobiology Lab, VA Hospital, Pittsburgh; Visiting Scientist, Dept of Zoology, Cambridge University, UK; Postdoctoral Fellow, Case Western Reserve University, Cleveland, Ohio; Postdoctoral Fellow Inst of Biological Chemistry, University of Copenhagen; Asst Prof of Biological Sciences and Director of Electron Microscope Lab, Northwestern University, Illinois; faculty member and lecturer in anatomy and physiology at Rolf Institute, Boulder, Colorado; served as Director, Chairman of the Board of Directors, Acting President and member of Faculty at New England School of Acupuncture.

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