



This Thing Called You

By Ernest Holmes

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This Thing Called You By Ernest Holmes

The beloved classic that has awakened generations to the power within.

One of Ernest Holmes's cornerstone works, *This Thing Called You* is an intimate guide through which readers learn the important lesson of how they are an immutable part of the flow of life, and how they may fulfill the longing, within all of us, to live more fully.

The book details methods of meditation used for healing, improving mind and body, and reaching one's divine self. Included are numerous inspirations, meditations, and prayers that individuals can apply to their lives, which reveal the unlimited potential of the spiritual psychology that Holmes founded.

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Editorial Review

Review

"I believe God was in this man, Ernest Holmes. He was in tune with the infinite."

About the Author

Ernest Holmes was an internationally recognized authority on religious psychology and the founder of the Religious Science movement. His inspirational books include the renowned classic *The Science of Mind*, *This Thing Called You*, *The Art of Life*, *365 Science of Mind*, *The Hidden Power of the Bible*, and *Creative Mind and Success*.

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