



Hiking the Wonderland Trail: The Complete Guide to Mount Rainier's Premier Trail

By *Tami Asars*

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Hiking the Wonderland Trail: The Complete Guide to Mount Rainier's Premier Trail By Tami Asars

Washington State's famed Wonderland Trail is a spectacular 93-mile route that circumnavigates Mount Rainier, challenging hikers with its strenuous 22,000 feet of cumulative elevation gain and loss. Magnificent forests, wildflower-filled alpine meadows, breathtaking glacier views, up-close-and-personal wildlife encounters, pristine lakes and streams there are many rewards to be found, whether you tackle the trail in ten days or explore it by section over several seasons. But along with those 93 miles of incredible trail come tricky challenges such as wilderness permits, a complicated reservation system, food and fuel caches, river and snow crossings, and more.

Hiking the Wonderland Trail: The Complete Guide to Mount Rainier's Premier Trail is an authoritative guide penned by Washington native Tami Asars, a professional instructor on how best to hike the trail and a third-generation hiker of the Cascade mountains who has been around the Wonderland seven times.

Over the years, Asars has taken extensive notes that she shares at workshops and in the field. Hiking the Wonderland Trail distills her boot-tested knowledge so that everyone can enjoy the magic of Mount Rainier's premier trail.

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Editorial Review

About the Author

Author Tami Asars grew up in Western Washington playing in the foothills and mountains of the North Cascades. Since then she has hiked thousands of miles of trails in the state, including countless hours on Washington's thru-hike trails: the Pacific Crest Trail, the Boundary Trail, and the Wonderland Trail. For several years she has been leading professional classes on outdoor pursuits including Backpacking Basics, Lightweight Backpacking, and of course, The Wonderland Trail. Asars lives in the Cascade Foothills of Washington, with her husband and their German shepherd.

Users Review

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