



The Inner Voice of Love: A Journey Through Anguish to Freedom

By Henri J. M. Nouwen

Download now

Read Online 

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen

This is Henri Nouwen's "secret journal." It was written during the most difficult period of his life, when he suddenly lost his self-esteem, his energy to live and work, his sense of being loved, even his hope in God. Although he experienced excruciating anguish and despair, he was still able to keep a journal in which he wrote a spiritual imperative to himself each day that emerged from his conversations with friends and supporters.

For more than eight years, Henri Nouwen felt that what he wrote was too raw and private to share with others. Instead, he published *The Return of the Prodigal Son*, in which he expressed some of the insights gained during his mental and spiritual crisis. But then friends asked him, "Why keep your anguish hidden from the many people who have been nurtured by your writing? Wouldn't it be of consolation for many to know about the fierce inner battle that lies underneath so many of your spiritual insights?"

For the countless men and women who have to live through the pain of broken relationships, or who suffer from the loss of a loved one, this book about the inner voice of love offers new courage, new hope, even new life.

 [Download The Inner Voice of Love: A Journey Through Anguish ...pdf](#)

 [Read Online The Inner Voice of Love: A Journey Through Angui ...pdf](#)

The Inner Voice of Love: A Journey Through Anguish to Freedom

By Henri J. M. Nouwen

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen

This is Henri Nouwen's "secret journal." It was written during the most difficult period of his life, when he suddenly lost his self-esteem, his energy to live and work, his sense of being loved, even his hope in God. Although he experienced excruciating anguish and despair, he was still able to keep a journal in which he wrote a spiritual imperative to himself each day that emerged from his conversations with friends and supporters.

For more than eight years, Henri Nouwen felt that what he wrote was too raw and private to share with others. Instead, he published *The Return of the Prodigal Son*, in which he expressed some of the insights gained during his mental and spiritual crisis. But then friends asked him, "Why keep your anguish hidden from the many people who have been nurtured by your writing? Wouldn't it be of consolation for many to know about the fierce inner battle that lies underneath so many of your spiritual insights?"

For the countless men and women who have to live through the pain of broken relationships, or who suffer from the loss of a loved one, this book about the inner voice of love offers new courage, new hope, even new life.

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen Bibliography

- Sales Rank: #8636 in Books
- Brand: Image
- Published on: 1999-01-19
- Released on: 1999-01-19
- Original language: English
- Number of items: 1
- Dimensions: 8.40" h x .40" w x 5.70" l, .37 pounds
- Binding: Paperback
- 118 pages

 [Download The Inner Voice of Love: A Journey Through Anguish ...pdf](#)

 [Read Online The Inner Voice of Love: A Journey Through Angui ...pdf](#)

Download and Read Free Online *The Inner Voice of Love: A Journey Through Anguish to Freedom* By Henri J. M. Nouwen

Editorial Review

Amazon.com Review

The Inner Voice of Love: A Journey Through Anguish to Freedom is a collection of passages from Henri Nouwen's journals, written during a period when his self-esteem evaporated, his energy to work disappeared, and God seemed entirely unreal. This is not a book to be read straight through: each short chapter takes time to digest, because, like the following passage, each of Nouwen's thoughts has the raw complexity of real honesty:

Your body needs to be held and to hold, to be touched and to touch. None of these needs is to be despised, denied, or repressed. But you have to keep searching for your body's deeper need, the need for genuine love. Every time you are able to go beyond the body's superficial desires for love, you are bringing your body home and moving toward integration and unity.

--*Michael Joseph Gross*

From Publishers Weekly

Nouwen, Catholic priest and popular author (*The Wounded Healer*, 1972), hit a six-month spiritual and mental crisis at the end of 1987 during which he "wondered whether I would be able to hold on to my life. Everything came crashing down?my self-esteem, my energy to live and work, my sense of being loved, my hope for healing, my trust in God... everything." This book is his personal journal written during his time of anguish. For years, Nouwen felt his experience was too personal to share with the world, but on advice from friends, and in the hope that these insights would help nurture others, he published his journal entries. Although there are occasional gems here, most of these meditations are rather generic. Perhaps this generic quality may make Nouwen and his work more human to a public that has come to view him as a spiritual giant.

Copyright 1996 Reed Business Information, Inc.

From Library Journal

The late Nouwen, a popular spiritual author and Catholic priest, referred to these writings as his "secret journal," written during the darkest period of his life, from December 1987 to June 1988. He was sustained during this time of personal despair by the support of others and by the spiritual imperatives he wrote to himself, which he shares here. In these dialogs of the soul, Nouwen forges through the anguish of personal doubt with a deep sense of humility and truthfulness. His insights are grounded in the conviction that individual suffering can lead to profound healing when love of self, others, and God remain present throughout our struggling. Recommended for public and theology libraries.

Copyright 1997 Reed Business Information, Inc.

Users Review

From reader reviews:

Marla Mestas:

This book untitled *The Inner Voice of Love: A Journey Through Anguish to Freedom* to be one of several books in which best seller in this year, that's because when you read this reserve you can get a lot of benefit on it. You will easily to buy this kind of book in the book shop or you can order it by means of online. The

publisher on this book sells the e-book too. It makes you more easily to read this book, since you can read this book in your Smart phone. So there is no reason to your account to past this reserve from your list.

Bradley Simpson:

The book untitled The Inner Voice of Love: A Journey Through Anguish to Freedom contain a lot of information on the idea. The writer explains your ex idea with easy technique. The language is very easy to understand all the people, so do definitely not worry, you can easy to read this. The book was compiled by famous author. The author gives you in the new period of time of literary works. It is easy to read this book because you can read more your smart phone, or program, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can open their official web-site and also order it. Have a nice read.

Helen Leavitt:

Don't be worry for anyone who is afraid that this book may filled the space in your house, you can have it in e-book method, more simple and reachable. This particular The Inner Voice of Love: A Journey Through Anguish to Freedom can give you a lot of friends because by you taking a look at this one book you have matter that they don't and make you more like an interesting person. This particular book can be one of a step for you to get success. This publication offer you information that might be your friend doesn't understand, by knowing more than different make you to be great persons. So , why hesitate? Let's have The Inner Voice of Love: A Journey Through Anguish to Freedom.

Anne Corchado:

You will get this The Inner Voice of Love: A Journey Through Anguish to Freedom by visit the bookstore or Mall. Merely viewing or reviewing it may to be your solve difficulty if you get difficulties for ones knowledge. Kinds of this e-book are various. Not only by simply written or printed but additionally can you enjoy this book through e-book. In the modern era just like now, you just looking from your mobile phone and searching what their problem. Right now, choose your ways to get more information about your guide. It is most important to arrange you to ultimately make your knowledge are still up-date. Let's try to choose appropriate ways for you.

**Download and Read Online The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen
#0N4SRQKXDM3**

Read The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen for online ebook

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen books to read online.

Online The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen ebook PDF download

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen Doc

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen Mobipocket

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen EPub