

Book of Hours: Poems

By Kevin Young



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A decade after the sudden and tragic loss of his father, we witness the unfolding of grief. "In the night I brush / my teeth with a razor," he tells us, in one of the collection's piercing two-line poems. Capturing the strange silence of bereavement ("Not the storm / but the calm / that slays me"), Kevin Young acknowledges, even celebrates, life's passages, his loss transformed and tempered in a sequence about the birth of his son: in "Crowning," he delivers what is surely one of the most powerful birth poems written by a man, describing "her face / full of fire, then groaning your face / out like a flower, blood-bloom,/ crocused into air." Ending this book of both birth and grief, the gorgeous title sequence brings acceptance, asking "What good/are wishes if they aren't / used up?" while understanding "How to listen / to what's gone." Young's frank music speaks directly to the reader in these elemental poems, reminding us that the right words can both comfort us and enlarge our understanding of life's mysteries.



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Editorial Review

From Booklist

Starred Review Young is adept at netting the sensations of the moment and retrieving the spirit of the past in poems of monumental grief, stoicism, rapture, and sharp humor. In his eighth collection, Young marks the tenth anniversary of his father's unexpected death, telling the story of the stunned aftermath with striking attunement to the utter transformation of what had been ordinary life. His tone is elegiac as he describes picking up his father's effects at the hospital. He marvels over the strange munificence of organ donation, and when he acknowledges the poignant kinship he feels with his father's dogs, he quips, "Brothers in paw." Young is a virtuoso of succinctness, which in this book has particularly deep resonance: "The grammar of grief / gets written each day / & lost—and learnt again / by stone, by small / sliver, hieroglyph." As he takes measure of paternal absence, he prepares to become a father, writing with awe of the astonishments of pregnancy and the revelations of ultrasound. From intimate reflections on the mysteries of the body, Young turns his penetrating attention to sky and land as though on a vision quest, tracking the sun and moon, desert and valley, wildflowers and geese in cosmic poems of life's essentials and the great wheel of existence. He concludes, "Why not sing." --Donna Seaman

About the Author

Kevin Young is the author of seven previous books of poetry, including *Ardency: A Chronicle of the Amistad Rebels*, winner of a 2012 American Book Award, and *Jelly Roll*, a finalist for the National Book Award. He is also the editor of eight other collections, most recently *The Hungry Ear: Poems of Food & Drink*. Young's book *The Grey Album: On the Blackness of Blackness*, won the Graywolf Nonfiction Prize, was a *New York Times* Notable Book and a finalist for the National Book Critics Circle Award for criticism, and won a PEN Open Book Award. He is currently the Atticus Haygood Professor of Creative Writing and English, curator of Literary Collections and curator of the Raymond Danowski Poetry Library at Emory University.

Excerpt. © Reprinted by permission. All rights reserved. Bereavement
Behind his house, my father's dogs
sleep in kennels, beautiful,
he built just for them.

They do not bark.

Do they know he is dead?

They wag their tails

& head. They beg & are fed. Their grief is colossal

& forgetful. Each day they wake seeking his voice,

their names.

By dusk they seem to unremember everything—

to them even hunger is a game. For that, I envy. For that, I cannot bear to watch them

pacing their cage. I try to remember they love best confined space to feel safe. Each day

a saint comes by to feed the pair & I draw closer the shades.

I've begun to think of them as my father's other sons, as kin. Brothers-in-paw.

My eyes each day thaw. One day the water cuts off. Then back on.

They are outside dogs—which is to say, healthy & victorious, purposeful

& one giant muscle like the heart. Dad taught them not to bark, to point

out their prey. To stay. Were they there that day? They call me

like witnesses & will not say.
I ask for their care
& their carelessness—

wish of them forgiveness. I must give them away. I must find for them homes,

sleep restless in his.
All night I expect they pace as I do, each dog like an eye

roaming with the dead beneath an unlocked lid.

Memorial Day
Thunder knocks
loud on all the doors.

Lightning lets you inside every house, white flooding

the spare, spotless rooms. Flags at half mast.

And like choirboys, clockwork, the dogs ladder their voices

to the dark, echoing off each half-hid star.

Greening
It never ends, the bruise of being—messy, untimely, the breath

of newborns uneven, half pant, as they find their rhythm, inexact

as vengeance. Son, while you sleep we watch you like a kettle

learning to whistle. Awake, older, you fumble now

in the most graceful way—grateful to have seen you, on your own

steam, simply eating, slow, chewing—this bloom of being. Almost beautiful

how you flounder, mouth full, bite the edges of this world that doesn't want

a thing but to keep turning

with, or without you—with. With. Child, hold fast

I say, to this greening thing as it erodes and spins.

Users Review

From reader reviews:

Gilbert Albright:

What do you in relation to book? It is not important along? Or just adding material when you require something to explain what yours problem? How about your free time? Or are you busy man? If you don't have spare time to do others business, it is give you a sense of feeling bored faster. And you have time? What did you do? All people has many questions above. The doctor has to answer that question due to the fact just their can do that. It said that about guide. Book is familiar on every person. Yes, it is appropriate. Because start from on kindergarten until university need this Book of Hours: Poems to read.

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