



## Lobscouse and Spotted Dog: Which It's a Gastronomic Companion to the Aubrey/Maturin Novels

By Anne Chotzinoff Grossman, Lisa Grossman Thomas

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**"A scholarly (though often hilarious) triumph of culinary anthropology."**?*Washington Post*

Celebrate the joys of Patrick O'Brian's acclaimed Aubrey/Maturin series with this delightful cookbook, full of the food and drink that so often complement Jack Aubrey and Stephen Maturin's travels. Collected here are authentic and practical recipes for such eighteenth- and early-nineteenth- century dishes as Burgoo, Drowned Baby, Sea-Pie, Solomongundy, Jam Roly-Poly, Toasted Cheese, Sucking Pig, Treacle-Dowdy, and, of course, Spotted Dog. Also included are historical notes on the origins of the dishes as well as sections on the preparing of roasts, puddings, and raised pies."[A] splendid cookbook...graced with erudite bits of naval and gastronomical history....Deftly researched and written in prose nearly as funny as O'Brian's own."? *Publishers Weekly* "A thoroughly readable cookbook, as well as a useful appendix to a great series of novels and a newly opened window into a time now nearly 200 years gone."? *San Jose Mercury News* Illustrated

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- Sales Rank: #402257 in Books
- Brand: W.W. Norton & Co
- Published on: 2000-09-17
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 9.20" h x .90" w x 6.10" l, 1.05 pounds
- Binding: Paperback
- 336 pages

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### Editorial Review

#### Amazon.com Review

Animal lovers, relax--"Spotted Dog" is a kind of pudding, not a dalmatian. It is also the favorite pudding of Jack Aubrey, the fictional creation of writer Patrick O'Brian. Aubrey's adventures as an officer of the British Navy--and those of his friend and ship's surgeon Stephen Maturin--during the tumultuous years of the Napoleonic Wars have been masterfully detailed in O'Brian's many novels; now Anne Chotzinoff Grossman and her daughter, Lisa Grossman, take readers on a culinary adventure through the kitchens and cuisine of the early 19th century.

Since food figures prominently in O'Brian's novels, his fans will already be familiar with such names as Skillygalee, Drowned Baby, Soused Hog's Face, and Jam Roly-Poly, but they may wonder exactly what those dishes *are*. *Lobscouse and Spotted Dog* makes it all clear: Skillygalee, for example, is oatmeal gruel, while Drowned Baby is similar to Spotted Dog, only without the currants and eggs. And Spotted Dog is...? You'll find the recipe in the Grossmans' book, along with excerpts from the Aubrey/Maturin novels and many other authentic 19th-century dishes to test your sense of adventure, your culinary prowess, and possibly your waistline. *Lobscouse and Spotted Dog* is more than a cookbook--it's a window into the past, an inspired piece of culinary detective work, and a delightful gastronomic companion to the novels of Patrick O'Brian.

#### Review

A thoroughly readable cookbook, as well as a useful appendix to a great series of novels. -- *San Jose Mercury News*

#### About the Author

Anne Chotzinoff Grossman is a writer and musician.

Lisa Grossman Thomas owns and operates a computer consulting company.

Patrick O'Brian's acclaimed Aubrey/Maturin series of historical novels has been described as "a masterpiece" (David Mamet, *New York Times*), "addictively readable" (Patrick T. Reardon, *Chicago Tribune*), and "the best historical novels ever written" (Richard Snow, *New York Times Book Review*), which "should have been on those lists of the greatest novels of the 20th century" (George Will). Set in the Royal Navy during the Napoleonic Wars, O'Brian's twenty-volume series centers on the enduring friendship between naval officer Jack Aubrey and physician (and spy) Stephen Maturin. *The Far Side of the World*, the tenth book in the series, was adapted into a 2003 film directed by Peter Weir and starring Russell Crowe and Paul Bettany. The film was nominated for ten Oscars, including Best Picture. The books are now available in hardcover, paperback, and e-book format. In addition to the Aubrey/Maturin novels, Patrick O'Brian wrote several books including the novels *Testimonies*, *The Golden Ocean*, and *The Unknown Shore*, as well as biographies of Joseph Banks and Picasso. He translated many works from French into English, among them the novels and memoirs of Simone de Beauvoir, the first volume of Jean Lacouture's biography of Charles de Gaulle, and famed fugitive Henri Cherrière's memoir *Papillon*. O'Brian died in January 2000.

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