



Salad Leaves For All Seasons: Organic Growing from Pot to Plot

By Charles Dowding

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This compendium of practical methods for growing a wide variety of salads throughout the year will inspire you to grow your own greens, whether on a windowsill, in your garden, or on your allotment. Here is all the information you need for productive, healthy, and tasty salads. The subtleties of salad seasons and virtues of different leaves throughout the year are discussed and there are delicious and imaginative recipes to try, exploiting the fantastic flavors, color, and vitality of home-grown salad leaves.

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Editorial Review

Review

"An essential book for every garden and kitchen." —Nigel Slater, *Observer Magazine*

About the Author

Charles Dowding has been growing organic vegetables commercially for 30 years, without soil cultivation. He is the author of *How to Grow Winter Vegetables* and *Organic Gardening*. He also writes articles for several gardening publications, lectures, and runs courses on how best to look after soil and plants.

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