



Asperger's What Does It Mean to Me?: A Workbook Explaining Self Awareness and Life Lessons to the Child or Youth with High Functioning Autism or Aspergers.

By Catherine Faherty, Gary B. Mesibov

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This is a book that will never become irrelevant or "outdated." Every child who uses it also becomes its co-author. Each chapter is divided in two parts: the first part - the Workbook - is for the child to complete, by writing or highlighting "What is True for Me" in lists of simple statements. The second part - "For Parents and Teachers" - contains helpful tips/information for the adult who guides him through the exercises. The book will provide insight into your child's mind, and make him/her more self-aware, learning what autism means in relation to crucial areas of his/her life: friendships, fears, abilities, and much more.

Helpful chapters include:

- Ways of Thinking—Workbook
- The Sensory Experience—Workbook
- Artistic Talent--Workbook
- People—Workbook
- Understanding—Workbook
- Thoughts—Workbook
- Communication—Workbook
- School—Workbook

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Editorial Review

Review

“This is information that every kid with autism should have.”

Thomas Johnson, a ten-year-old

About the Author

Mesibov is Professor and Director, Division TEACCH, Department of Psychiatry, University of North Carolina at Chapel Hill.

Users Review

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Richard Hood:

Here thing why this Asperger's What Does It Mean to Me?: A Workbook Explaining Self Awareness and Life Lessons to the Child or Youth with High Functioning Autism or Aspergers. are different and trusted to be yours. First of all studying a book is good nonetheless it depends in the content from it which is the content is as scrumptious as food or not. Asperger's What Does It Mean to Me?: A Workbook Explaining Self Awareness and Life Lessons to the Child or Youth with High Functioning Autism or Aspergers. giving you information deeper and in different ways, you can find any guide out there but there is no book that similar with Asperger's What Does It Mean to Me?: A Workbook Explaining Self Awareness and Life Lessons to the Child or Youth with High Functioning Autism or Aspergers.. It gives you thrill reading through journey, its open up your own eyes about the thing that will happened in the world which is probably can be happened around you. You can bring everywhere like in area, café, or even in your way home by train. If you are having difficulties in bringing the published book maybe the form of Asperger's What Does It Mean to Me?: A Workbook Explaining Self Awareness and Life Lessons to the Child or Youth with High Functioning Autism or Aspergers. in e-book can be your substitute.

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