



The art of psychotherapy

By Anthony Storr

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Anthony Storr's accessible and humane account of the art of psychotherapy has been widely read by practitioners in training and others in the helping professions, as well as many general readers. The second edition includes a thoroughly revised account of the obsessional personality, and a new chapter that draws on the author's recent work on the importance of the processes of healing that take place within the isolated individual.

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The art of psychotherapy By Anthony Storr Bibliography

- Sales Rank: #3840448 in Books
- Published on: 1980
- Number of items: 1
- Binding: Hardcover
- 191 pages

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